



How to Reduce Exposure to COVID-19 while Working?

1. Bring a **spare change of clothes** to change into after shift.



2. Always **wear a surgical or cloth mask**. This will help you do your part in stopping the spread if you are potentially infected.

3. **Disinfect and clean surface areas** frequently. Use an EPA-registered disinfectant on frequently touched surfaces (i.e. door handles, furniture, keyboards, copiers, TV remotes, microwaves, vehicle keys, etc.).

4. **Wash your hands**. Avoid hand contact with your face.

5. **Avoid congregating** in close proximity while in the station. If the weather is nice, grab a chair and sit outside.



6. **Wear appropriate PPE** on all calls.

7. **Close the partition** separating the patient compartment and driver's compartment.

8. While in the driver's compartment, **have good air flow**. Do not use the recirculate options on your air condition. If the situation allows, keep the windows down.

9. While transporting a patient, **run the exhaust fan** in the patient compartments. The Triple K Specification (3.13.4) requires the ventilation system to provide a complete change of ambient air within the compartment every 2 minutes.



RDS 3110



10. After the call is complete, **properly disinfect the ambulance**. Refer to the previously distributed guidelines. **If** the criteria is met; request the AeroClave system by calling 717-316-8173.

11. When you return to the station **takes off your shoes**, so you do not potentially bring in contaminants to the "living area."

12. When your shift is over, **change clothes**. Place worn clothes in a bag to contain pathogens during your commute home. Immediately wash dirty laundry when you get home. If you have the option to wash laundry at the station, use it.